



Renfrewshire Head Injury Service – support for families

Renfrewshire Head Injury Service understands that families play a major role in the rehabilitation and recovery of their loved ones who are living with a brain injury. We believe it is essential to provide ongoing support by adopting a holistic approach in order to meet the needs of our family members.

This particular part of the service will offer emotional and practical support for both adults and children, as we know how important it is for them to be heard and supported within their individual caring roles. We know that the small things in life can bear a heavy load on everyday tasks and people may also be feeling a sense of isolation. So it is imperative that families know that we are here to support them.

We will offer families the opportunity to engage with each other and other families either within a group (*Family Connections*) or individual basis with a designated keyworker.

Community group and one-to-one sessions

Adults	Young people	Children
Emotional	Emotional	Emotional
Practical	Practical	Practical
Outings	Outings	Outings
Activities	Activities	Activities

What we have learned from family members – previous feedback

- No guidance
- No support sourcing help
- No emotional support
- Overwhelmed
- Alone
- No one understands

What we would like to learn more about from family members - feedback

- Your individual experiences
- What will work for your family