



## **RHIS SUPPORT FOR GROUP CLIENTS**

Renfrewshire Head Injury Service is very fortunate to have a community group (Sunshine Club) that was formed by existing clients. We also have another group called #Groupchat that is for certain clients within a specified age group.

The Sunshine Club is a very positive group setting that allows clients to meet up on a regular basis to enjoy each other's company. In addition to experiencing lots of chat, laughs, guest speaker and activities. Also, great setting for clients to establish positive relationships and develop community connections.

Clients usually progress onto Group client and attending the Sunshine Club after they have undergone our Recovering Minds Sessions, as Active client. Clients attend the club on their own and/or with support worker and can attend whenever it suits them.

A designated keyworker will assist the client to engage with others when attending the club in addition to providing support (issue specific basis) within their Advocacy role.

### **Community Group – The Sunshine Club**

**Online – MS Teams (once month on Friday 1pm to 3pm)**

**The Tannahill Centre – (twice month on Friday 1pm to 3pm)**

### **WHAT WE HAVE LEARNED FROM GROUP CLIENTS - PREVIOUS FEEDBACK:**

- Sunshine club gives me somewhere I feel comfortable and supported
- Everyone is made to feel welcome and they have really good activities
- I can have fun and relax at the same time
- Always a positive experience attending the club and you are given good advice

*(If interested in attending any of our groups, we can assist with identifying the most appropriate group setting to meet your needs and expectations)*

*Ann*